

Vaccines and Pregnancy: Influenza (flu)



The flu is a highly contagious respiratory infection.



The virus of influenza (flu) is transmitted by contact with infected people or contaminated surfaces.

Pregnant women and newborns



are more at risk of complications and hospitalization.

Every year,



a new version of the virus emerges.

Vaccination against the flu is highly recommended anytime during pregnancy.

The vaccine **does not increase the risks**



for the mother or the baby

Protect the future mom.



The vaccine reduces the risks of serious flu-related complications for mom and baby.

Protect the baby.



The mother's antibodies transmitted to the baby protect it during its first 6 months.

For extra protections,



Family members and people in close contact with pregnant women can also be vaccinated.

Talk to your healthcare professional to determine the best option for you and your baby.